



# Psychological Treatment Notification Plan

## PRIVACY

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## Lodgment of Treatment Notification Plan

Email: [injurymanagement@anu.edu.au](mailto:injurymanagement@anu.edu.au)

Post: Injury Management Branch  
Work Environment Group, Human Resources  
10B East Road, Chancelry Building  
The Australian National University  
ACTON ACT 2601

### INJURED WORKER DETAILS

Name  Claim number

### CURRENT WORK STATUS

Occupation/job title

Normal duties                      Modified/alternative duties                      Not working

Has the Injured Worker attended your practice prior to this work-related injury?  Yes  No  
If Yes, please specify any relevant conditions and the treatment time frames.

### REFERRAL

Who was the medical practitioner that referred this Injured Worker to you? Please attach copy of referral.

Referrer's name  Date of referral  /  /

Reason/background for referral

### Current problems or barriers related to the work-related injury

In order of priority, list the problems or barriers currently preventing the person from returning to productive work or social roles

Practical problems: eg social withdrawal	Indicators, signs, symptoms: eg unable to go to supermarket, unable to work with current supervisor
1.	1.
2.	2.
3.	3.

**Current diagnoses (DSM-IV multi-axial)**

On the basis of your assessment list the DSM-IV multi-axial diagnoses. Please indicate whether the diagnostic criteria are completely or only partially met for each diagnosis. Please indicate those diagnoses that are directly related to the work-related injury and those that are not. Indicate NIL next to each axis where no diagnosis is present.

Axis	Diagnosis and code	Are diagnostic criteria met?	Related to workplace injury?
1. Clinical disorders	1.	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
	2.	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
2. Personality disorders/mental retardation			Yes <input type="checkbox"/> No <input type="checkbox"/>
3. General medical condition—As reported		You are not required to make this judgement	
4. Psychosocial and environmental problems			Yes <input type="checkbox"/> No <input type="checkbox"/>
5. Global assessment of functioning score		Not applicable	Yes <input type="checkbox"/> No <input type="checkbox"/>

**Other Comments and issues**

In your opinion, does the Injured Worker currently have the psychological capacity to return to pre-injury activity or work roles?

The University may be able to fund rehabilitation assessment and programs where needs are related to the work-related injury. Please clearly indicate if you believe the injured worker requires any other assistance to promote recovery.

**Agreed treatment plan and measures**

Goals	Intervention/Strategies	Measures of progress - standardised/customised/functional	Estimated date of achievement or review
1.			
2.			
3.			

Proposed treatment plan from today's date—*note it is mandatory to include a completion date for this treatment plan*

Total no. of individual services  Over  weeks from  to

Total no. of group services  Over  weeks from  to

**PROVIDER DETAILS**

I have current registration with Australian Health Practitioner Regulation Agency

Yes  Other  Please detail

Provider name, address and phone no.

Signature

Days/hours available

Date  /  /

**ANU INJURED WORKER AUTHORISATION**

I  (please print your name)

Signature of Injured Worker or guardian

Hereby authorise you to supply the University with information requested on this form and to discuss the contents of this form, and any ongoing issues of my treatment, with officers or representatives of the University.

Date  /  /

All questions must be answered for this plan to be considered. Please attach any further information that may be relevant.