

A key element to achieve an early and successful return to work (or maintenance at work) for an employee with a workplace injury or disease is for the workplace to be proactive in providing suitable duties within the capacity of the employee with a workplace injury or disease. This form will assist the Case Manager and workplace rehabilitation provider (WRP) to work with the employee, their supervisor and treating doctor to identify suitable duties as soon as an injury has occurred. Use this form as part of early intervention rehabilitation without waiting for the employee to lodge a claim for compensation. If a claim has been lodged this form may be used when assessing the capacity of employees with a workplace injury or disease to undertake a rehabilitation program or when developing a rehabilitation program.

The form is in three parts to enable the Case Manager or WRP (where engaged) to bring together information about the pre-injury work, potential suitable duties and medical recommendations on work capacity. The Case Manager and WRP should arrange for completion of part one and two of this form when meeting with the employee and their supervisor to discuss the employee's pre-injury duties and possible alternative duties. This information can be provided to the general practitioner to assist them in understanding the requirements of the job and make an informed decision about return to work capacity and any medical restrictions that might apply. Part three of this form is completed in consultation with the treating doctor.

#### WHY USE THIS FORM?

This form assists the Case Manager, WRP, treating doctor, treatment providers, the employee and their supervisor to have a shared understanding of the employee's pre-injury duties and possible options when alternative duties are required to maintain an employee in the workplace or enable an early return to work. This allows everyone to work together to facilitate a safe and durable return to work.

### PRIVACY INFORMATION

Your privacy is important to us. For information about how we handle your personal information, please visit www.anu.edu.au/privacy or contact us on 02 6125 5111 and request a copy of our Privacy Policy.

#### **AUTHORISATION AND DECLARATION**

In collecting this information for the purpose of rehabilitation it is important to obtain written consent from the employee with a workplace injury or disease. The purpose of the information being obtained should also be discussed with the employee.

# **PART 1: PRE-INJURY WORK DESCRIPTION**

To be completed following discussion with the employee and their supervisor or manager

Employee			Employ	er er			
Case Manager			Supervis	or			
Date	/ / Cla	aim numb	er (if applicabl	le)			
Pre injury hours and days							
Job title				Level			
What is the employee's pre-injury job? Attach duty statement/position description							
What are the inherent requestion demands? Do any of these	·			_			
					Medical clearance		
Inherent requirement of t	.ne job	Freque	псу	Y/N	Comment		
Ad hoc activities e.g. trai	ning team meetings		'				
A	(6)		44	11			
Are there any other personal factors (flags) that may delay return to work? How could they be managed to support RTW?							
Are there any workplace factors (flags) e.g. conflict within the workplace that may delay return to work? How could they be managed to support RTW?							

	ons		
	Employee	Supervisor	Case Manager
	Employee	Supervisor	Case Manager
Name	Employee	Supervisor	Case Manager
	Employee	Supervisor	Case Manager
Name Signature	Employee	Supervisor	Case Manager

## **PART 2: POTENTIAL SUITABLE DUTIES**

To be completed following a workplace assessment and discussion with the employee, supervisor or manager.

Employee			Employer				
Case Manager			Supervisor				
Date	/ / Claim number (if applicable)						
What modifications to pre-injury duties might be possible to enable the employee to return to work? (E.g. supervision, aids or equipment, modifications to task, volume, throughput, timeframes, work breaks)							
If the employee is unable program area? Describe.	to perform pre-injury o	duties what oth	er duties are a	availab	ole within the work team or		
Inherent requirement of t	the job	Frequen	CV	Medical clearance			
minorone roquironione or t		Troquon	~,	Y/N	Comment		
Ad hoc activities e.g. training team meetings							
What other duties may be available within the organisation? Describe							
If the employee is going to be off work indicate how the organisation will maintain contact?							

4

What support will be offered to the employee with a workplace injury or disease? (E.g. Employee Assistance Program, regular communication, additional training)						
Agreed action	ons					
	Employee	Supervisor	Case Manager	WRP		
Name		•				
Signature						
Date	/ /	1 1	/ /	/ /		

## **PART 3: WORK CAPACITY**

This part documents the medical opinion regarding the employee's prognosis for recovery, current work capacity and suitability for return to pre-injury or modified duties. Use this part of the form with a rehabilitation assessment to assist in developing a rehabilitation program to support the maintenance at work or return to work of an employee with a workplace injury or disease. This information does not replace a medical certificate.

Employee		Case Manage	r	
Treating doctor		Date		
What is the medical diagr	nosis and timeframe for recovery?			
What is the employee's c	current work capacity (with referenc	e to pre-injury w	vork description and po	tential suitable duties)
If the employee is current	tly unfit for work what is the medica	ıl reason they ca	annot return to work?	
NA/IIAII				
vvnat can be done to mak	ke the workplace safer for the empl	oyee to remain	at work or commence a	a return to work?
What hours could the em	ployee work?			
	, ,			
Are there any specific fun	nctional restrictions in relation to the	e employee's wo	ork?	
	onal or environmental factors (flags itate RTW and prevent longer term		y return to work and ho	w could

What are the	e agreed actions?					
In collecting this information for the purpose of rehabilitation it is important to obtain written consent from the employee						
with a workpla employee.	ace injury or disease. The	e purpose of the informat	tion being obtained should	d also be discussed with	the	
employee.	Medical practitioner	Employee	Case Manager	WRP		
Name						
Signature						
Date	/ /	/ /	/ /	/ /		